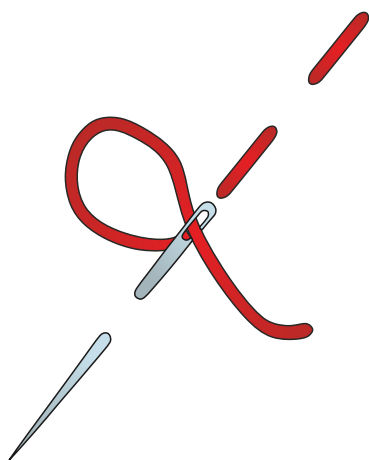


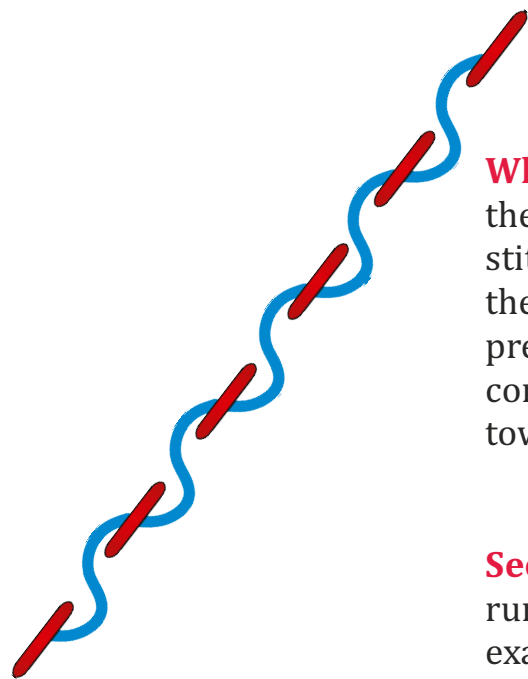
Stitch Guide #1

Running Stitch - Work the needle in and out of the fabric in even stitches. If you wish to fasten off at the start and end of your line of stitching, create two running stitches on top of one another and keep the tail of your thread at the back of your work (you may like to weave the tails into the back of the stitches for neatness).



Tacking Stitch - Essentially a large running stitch, but do not fasten off at either end. This is used to stitch fabric or something like a zip into position before doing the final stitching (be it by hand or machine).

Whipped Running Stitch - Work the needle in and out of the fabric in even stitches as shown to create a running stitch. With a second thread, which may or may not be in the same colour (shown here in blue), slip under the previous stitches, without piercing the fabric, always coming from the same direction with the needle – either towards you, or away from you.



Seed Stitch - Consider this to be a whole heap of single running stitches going in all different directions. A good example of this may be seen on the cover of Embellish issue 18, where a variegated thread was used to good effect.

